

Dowsing with Charts

Getting in the Swing of Things

Tsy Schupack

Dowsing is a method of divination. The methods, techniques and practices included in this workshop are presented as information and possibilities for personal exploration.

Dowsing is not intended to replace common sense in any decision making process.



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Pendulum Dowsing and Divining

These two terms are often considered to be synonymous—purists may hold them to express separate intents:

- Pendulum dowsing seeks specific targets
- Pendulum divining seeks information

It's a bit mystifying how dowsing and divining works.

- Psychic ability is thought to play a role as it appears to be an inner process of conversation between the rational and intuitive self.
- The pendulum may act as an antenna that receives vibrational information and energy waves that are then converted by aspects of the brain. A television antenna receiving signals that are then translated by a television set would be another way to look at the possible interaction of the pendulum and the brain.

Why learn to dowse?

Learning to dowse requires one to be centered and in a relaxed state of mind. It requires that one ask questions with the greatest clarity and follow along to the final answer. This focus and discipline develops intuitive awareness. While one learns to dowse they are also allowing themselves to open to their own intuition.

Dowsing with a pendulum

A pendulum is simply any weight or object that can swing freely. A necklace, car keys, and in a pinch a paperclip on a string will do just fine.

Dowsers seem to develop particular preferences of weight, cord length and material. Crystal, brass, copper, wood and glass are common choices as are items of personal significance such as a wedding ring or special talisman.

When considering an object to use as a pendulum choose one that appeals to your aesthetic senses,

feels comfortable to hold and that swings freely and symmetrically when held between the first finger and your thumb.

Programming a pendulum

There are numerous systems for using a pendulum. Keep in mind there is no *right* or *wrong* way to use a dowsing tool. During this class we will explore only a few of the possible methods.

Programming is simply establishing a common language between the pendulum and the user regarding understandings about words, phrases and the intended meaning of pendulum movements. Some pendulums seem to come with their own program already in place and teach the user how best to communicate.

Why use charts?

Charts provide a starting point. Using either generic or specifically provided information they serve as a guide to finding the answers you choose to ask.